


# NEWSLETTER



## FAMILY FUN

As the new year begins, January is a great time for family bonding and creating memorable moments. Consider hosting a game night with board games or puzzles to encourage laughter and friendly competition. Cozy movie marathons are also perfect—collect everyone's favorite films, grab snacks, and enjoy themed nights. For outdoor enthusiasts, bundle up for a winter hike or a sledding day, followed by hot cocoa to warm up.

Remember to discuss your family's new year's resolutions, fostering teamwork and support for the year ahead. Make January a month filled with laughter and connection



Building Strong Families, Building Kentucky.  
It starts with us.



## BAD WEATHER POLICY

If Laurel County Schools are closed due to bad weather, Laurel County Extension Homemaker programs and/or meetings will be cancelled. If in doubt, call the office at (606) 864-4167 or follow us on Facebook at Laurel County FCS.



# TEAM TALK...MEET OUR LOVELY LORA

Hi, I'm Lora Davidson, the Family & Consumer Sciences Agent at the Laurel County Office! I've been happily married to my husband Kevin for 20 years, and together we're raising our two amazing kids: Hunter, who's 19, and Abigail, who's 16. Our family also includes two fur babies, Harley and Sadie, who think they run the house (and sometimes, they do). When I'm not at work, you can find me traveling, attempting to quilt without turning it into a knot of fabric, or tackling a DIY project that may or may not involve more hot glue than necessary. But above all, I'm just trying to keep up with my family and enjoy the adventure!

*Lora Davidson*  
Lora Davidson  
Laurel County Extension Agent  
For Family & Consumer Sciences



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# THEME OF THE MONTH



March: Spring into Action

April: Heritage Skills and Sustainably

May: Nourish Your Mind, Body, and Soul



*Check out some events below that we have coming your way!*



## Storybook Walk May 30th



## Laugh & Learn



## Basic Machine Sewing



## Workshop in Clay County



## Food Preservation

### STAY TUNED FOR SOME AMAZING PROGRAMS AND CLASSES.



We're excited to announce that new classes will be starting soon! Mark your calendars for some engaging and informative events. We'll be hosting our 4th Annual Storybook Walk in May, where children can explore stories in a fun, interactive outdoor setting. Join us for a fun filled program Laugh and Learn, an engaging program designed for preschool-age children that combines fun activities with valuable learning experiences. For those interested in advancing their culinary skills, you won't want to miss our Food Preservation class, where you'll learn techniques to safely preserve your favorite fruits and vegetables. If you have ever wanted to learn to sew, join us for Basic Machine Sewing class- it is the perfect class for beginners looking to start their sewing journey. Lastly, unleash your creativity in the Handmade Workshop, which will be hosted in Clay County where you'll have the chance to create unique projects using various crafting techniques. All of these events will be wonderful and we hope to see you there. Keep a watch on our newsletters for finalized dates.

We can't wait to see you there!



# HOMEMAKERS

"We are so much more than you think!"



Left: Katie George Right: Charlena George

## Homemaker Highlight: Charlena George

In our community, few individuals exemplify hard work and creativity like Charlena George. As a vital member of our Homemakers club and president of the Threaded Dreams Embroidery Club Charlena continually strives to enhance the experience for everyone involved, constantly brainstorming fresh ideas that uplift both the club and its members. Charlena's innovative spirit shines through in her efforts and activities that not only enrich our club's agenda but also foster a sense of togetherness among members. Her enthusiasm for bringing people together is infectious, inspiring all of us to engage and participate more actively. Beyond her contributions to the Homemakers, Charlena is deeply committed to making a positive impact in the wider community. Whether it's launching community service initiatives or organizing a food drive for a family in need, she is always seeking new ways to give back. Her resourcefulness and willingness to take action demonstrate her belief in the power of community and collaboration. Charlena was nominated by her daughter Katie, who is also very involved in all things Extension. We are incredibly grateful for Charlena's dedication and creativity, and we look forward to seeing her vision come to life in the projects ahead!

Do you know someone that should be our next homemaker highlight? Call or email Tina at 606-864-4167 Tina.Hefner@uky.edu

## Homemaker Club Meetings

- 1st Mon - Threaded Dreams @ 3pm-7pm
- 1st Sat -Mountain Laurel Quilters @ 10am
- 2nd Mon -Laurel Silver Thread Quilters @9am
- 2nd Mon -Sublimity Meeting @ 11am
- 2nd Tues -Aces Meeting @ 5pm
- 2nd Fri -Macedonia Club Meeting @6pm
- 3rd Sun -Busy Needles @ 2pm
- 1st Mon - Yarn Spinners @3pm (3rd Sat @10am)

**Homemaker Lesson: January -Clutter Free Living**  
Embracing a clutter-free living. To have a clutter-free lifestyle, consider starting with one room at a time. Declutter by sorting items into categories: **keep**, **donate**, **recycle**, or **toss**. This process allows you to reassess what you truly need and cherish rather than holding onto items that no longer serve you. Once you've decluttered, establish systems for maintaining organization, such as designated storage solutions and regular tidying routines. If you're looking for more tips or support on your journey to a clutter-free life, feel free to contact us for more information.

<https://laurel.ca.uky.edu/>

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